

Stephanie McDilda

SPEAKER • SEMINAR LEADER • COACH

With over 15 years of experience in executive/ leadership coaching, Stephanie has a passion for leaders... and the people who work for them. Stephanie is an expert in heart-based leadership. She teaches leaders to lead more effectively by building powerful relationships. Her clients reduce employee turnover and absenteeism, while increasing productivity, engagement, and employee satisfaction. Stephanie is a speaker, seminar leader, author, and executive/ leadership coach.

Stephanie's speaking style has been described as warm, engaging, humorous, and inspiring. She is flexible and willing to customize her presentations to meet the needs of her audience. She will not only inspire you to be a better leader, but also give you the keys to implementing that knowledge.

With over 30 years of experience as both a leader and a leadership development professional, Stephanie has the experience to empower your leaders. A three time graduate of North Carolina State University, Stephanie has a double major BA in Business Management and Economics. She has a MEd in Adult Education and a MEd in Counseling, and is an ICF Certified Professional Coach.



"I've seen Stephanie in action, presenting, training and coaching. She's an excellent presenter who facilitates a group to deeper knowledge and awareness. Her presentation which blends leadership with heart-centered awareness is a powerful message. Every company, every leader needs to know about her message."

Nanette Geiger, Engagement Expert,
Talent Developer, Strategic Alliance Builder
& Creative Project Manager

SPEAKING TOPICS

Heart-based Leadership

The "Inside" Secret to Heart-based Leadership

Happiness and your Bottom Line

Power, Love, and Leadership

Building Powerful Relationships

The Keys to Authentic Communication

Tough Love in the Workplace

Leadership and the Art of Celebration

The Hidden Cost of the Workplace Bully

PEOPLE ARE SAYING...

"I want to thank you for being a featured speaker during the BPW symposium and making it a success. I heard WONDERFUL comments afterward about your presentation. You really have a gift for storytelling and getting the audience involved. I absolutely love your approach!"

Shirley Mozingo
Program Chair - BPW Dare County

"I hired Stephanie to speak at a luncheon for a group of professional women and she did a remarkable job. She created a buzz in the room. Her presentation was well thought through and intriguing for the audience. Her manner for presenting was approachable and exciting. When she was complete the women were still huddled together discussing the topic."

Marilyn Shannon, Online TV Host, Life and Business Coach,
Mediator, Speaker

"Motivational is the perfect word to describe Stephanie. Her strength of character and her love of speaking combine to motivate others in business and in their personal life. Not only is Stephanie motivational, she has the unique ability to be creative and take care of the details."

Betsy Smith, PhD., Career Acceleration Coach, Mentor,
Speaker, and Author

"After watching a great movie most people want to relive the experience by talking about it after the movie is over and sometimes even talk about it the next day and tell others about it. That's what it's like to experience Stephanie's workshop on "Love and Leadership" you enjoy the experience and learn so much and have so much fun learning that you want to talk about it. I would highly recommend Stephanie McDilda and I can hardly imagine an organization that would not be better off after Stephanie helps them."

Brian K McNeill, Sales Coach and Motivational Speaker

"When we were short a speaker 2 weeks before our Annual Volunteer Conference, we contacted Stephanie per a referral from another staff member. She listened to what we wanted and gave us everything we were looking for—it was like she had worked for the organization for years! She was extremely flexible and willing to customize her program to reflect both our mission as an organization and the theme of the conference. It was great! Her program on leadership and love connected with our conference theme and helped teach our volunteers what leadership should look like. Stephanie was so relatable and made every volunteer feel comfortable. The volunteers who are the lifeblood of our organization absolutely loved her and her message. The feedback from the event was extremely positive. Her presentation was truly engaging, inspirational and energetic."

Allison Winans, Non-Profit Executive

PARTIAL CLIENT LIST

Nortel Networks

Drake Beam Morin

National Association of Women Business Owners
(NAWBO) Leadership Retreat

Raleigh Wake Human Resource Management
Association (RWHRMA)

Girl Scouts, North Carolina Coastal Pines

The Encouraging Place

American Business Women's Association
of Goldsboro

Health Affairs Round Table (HART)

Women Business Owners Network – Cary

Business and Professional Women of Dare County



CONTACT

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